

# SILLY RULES

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**Jump up and down  
10 times.**

**Spin in a circle  
5 times.**

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**Everyone sing  
“Happy Birthday”.**

**Pat your tummy  
7 times.**

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**Put a finger in  
each ear.**

**Meow like a cat.**

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**Say 'ribbit' and hop  
like a frog 3 times.**

**Make an elephant  
nose with your arm.**