

DISCOVERY LAND

Year 3 – Quarter 4

Runners Resources Booklet

Adapted for use in Africa



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A Note About the Runners Resources Booklet

This booklet contains supplementary material and printable resources for the quarter.

When preparing printable resources, please refer to the curriculum to know how many copies to make and whether to print files single-sided or double-sided.

Worship Song List

Song, Artist, Album, Time

“The B-I-B-L-E” by St. John’s Children’s Choir, *100 Bible Songs for Kids*, 0:52

“My God is so Big” by Studio Musicians, *Crazy Praise, Vol. 2*, 2:53

“Jesus Loves Me (Disco version)” by Listener Kids, *Jesus Loves Me-EP*, 0:47

“God is Good to Me” by Little Praise Party, *Happy Day Everyday*, 2:21

“Bigger than Big” by Jay Stocker, *Whirl-n-Worship*, 2:43

“Let’s Clean Up” by Singin’ Praise Tots, *Touch the Sky*, 2:22

“Trust in the Lord” by Rob Biagi, *Get Out There!*, 2:57 (optional: fade out at 1:51)

Lesson	Song 1	Song 2	Song 3
1	The B-I-B-L-E	My God is so Big	Jesus Loves Me
2	The B-I-B-L-E	My God is so Big	God is Good to Me
3	The B-I-B-L-E	Bigger than Big	God is Good to Me
4	The B-I-B-L-E	Bigger than Big	Jesus Loves Me
5	Bigger than Big	My God is so Big	God is Good to Me
6	The B-I-B-L-E	Bigger than Big	Jesus Loves Me
7	The B-I-B-L-E	My God is so Big	Jesus Loves Me
8	My God is so Big	Bigger than Big	God is Good to Me
9	The B-I-B-L-E	My God is so Big	God is Good to Me
10	My God is so Big	Bigger than Big	The B-I-B-L-E
11	The B-I-B-L-E	Bigger than Big	Jesus Loves Me
	<i>Topical Lesson: Getting to know the book of Psalms (Worship Leader’s choice)</i>		
	<i>Topical Lesson: Tragedy (Worship Leader’s choice)</i>		
	<i>Topical Lesson: The Church (Worship Leader’s choice)</i>		

Runners Printable Resources

Year 3 - Quarter 4



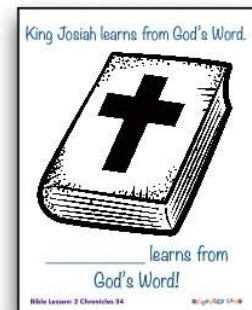
Lesson 1
Our God is Great banner



Lesson 2
God hears my prayers



Lesson 3
O is for Obey with Jonah



Lesson 4
King Josiah learns from God's Word



Lesson 5
God has a plan for ____
(page 2 is enough for three children)



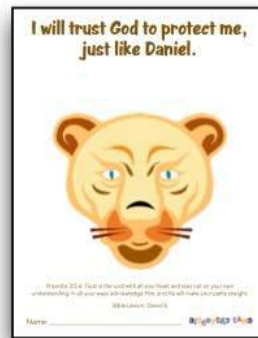
Lesson 6
Choose God's Way



Lesson 7
Ask God for Wisdom
(page 2 is enough for two children)



Lesson 8
Shadrach, Meshach, and
Abednego



Lesson 9
Daniel in the lions' den



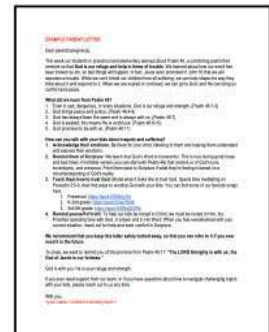
Lesson 11
God gives me courage



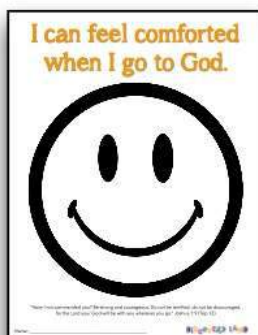
Get on Track Lesson
When Tragedy Happens
Feel Right poster



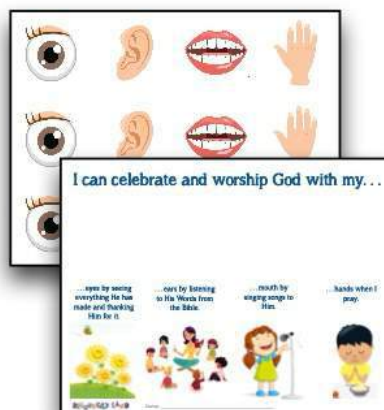
Get on Track Lesson
When Tragedy Happens
Creative Teaching Supply:
Pictures for lesson



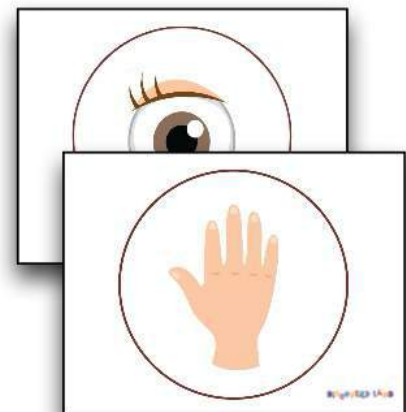
Get on Track Lesson
When Tragedy Happens
Parent Letter



Get on Track Lesson
When Tragedy Happens
I can feel comforted



Get on Track Lesson
The Church
I can celebrate and worship

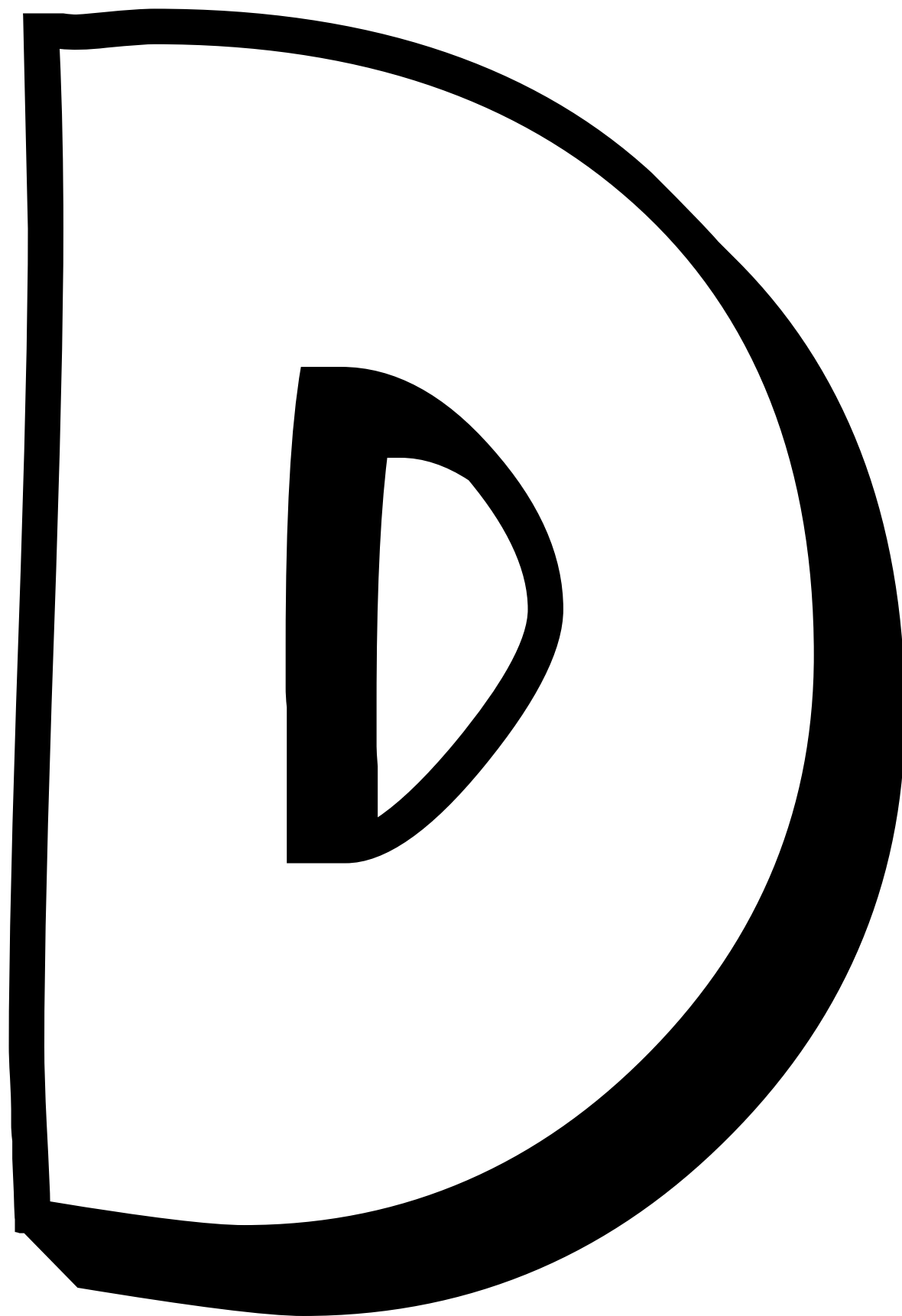
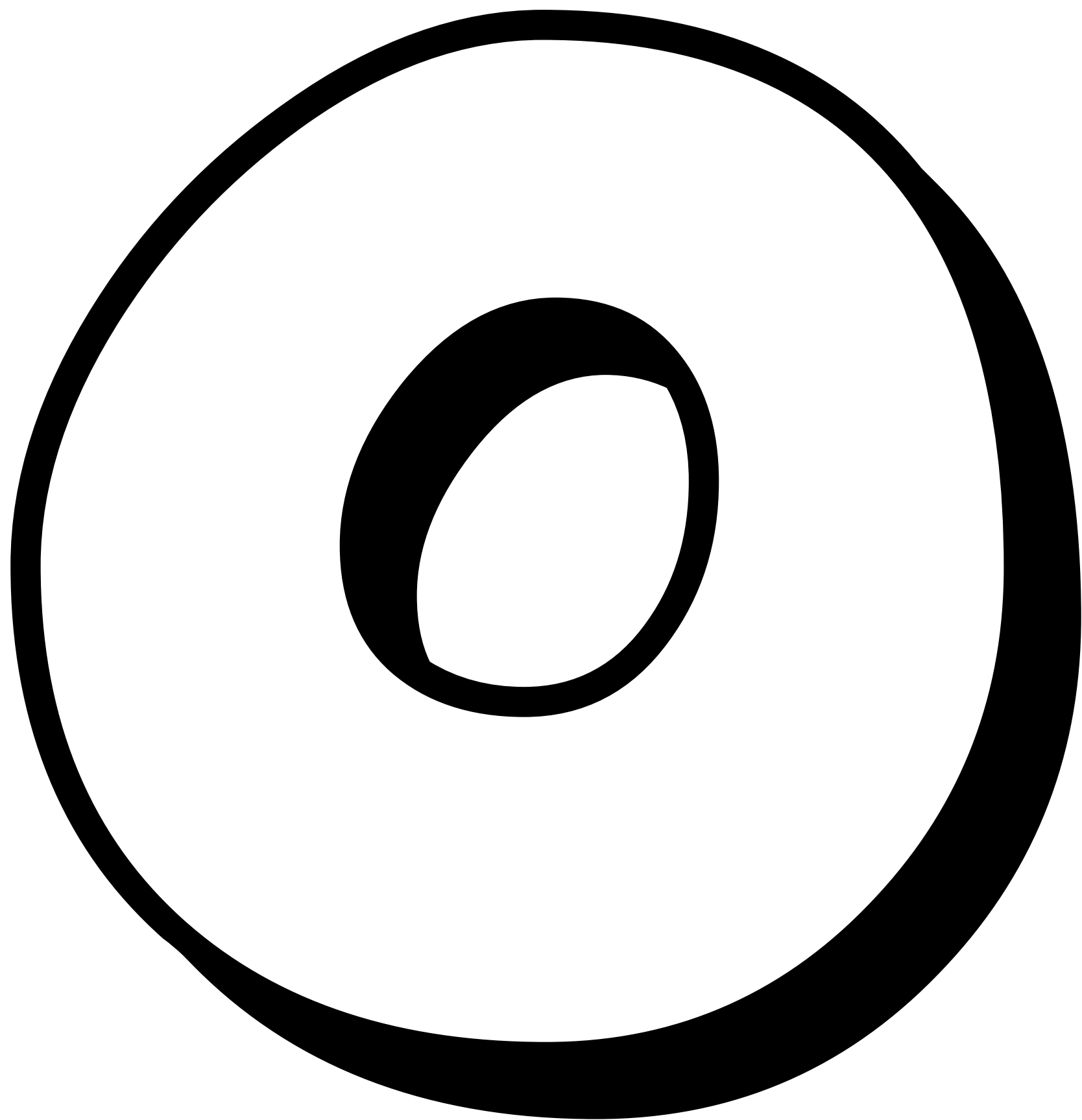


Get on Track Lesson
The Church
Review Activity - body parts

ou

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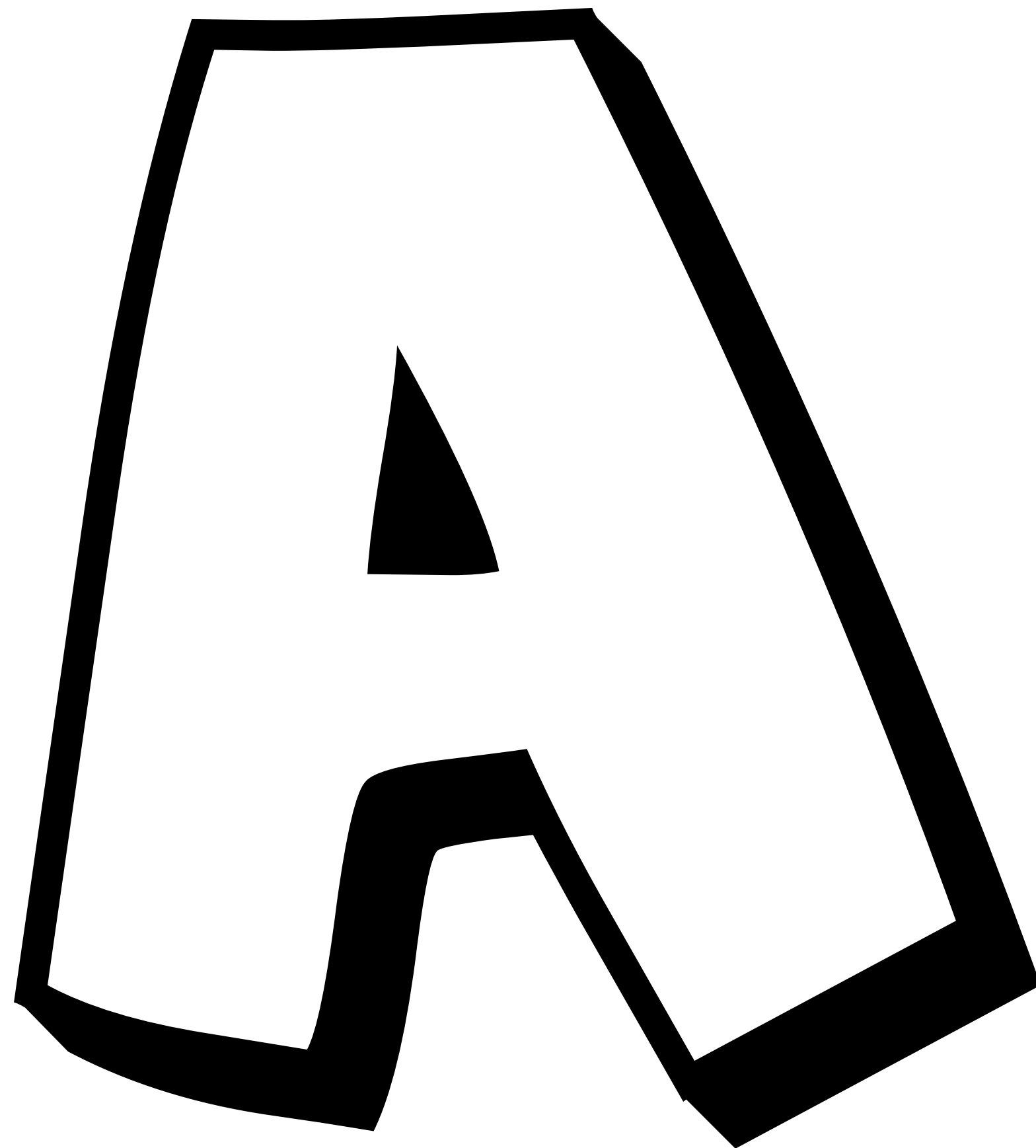
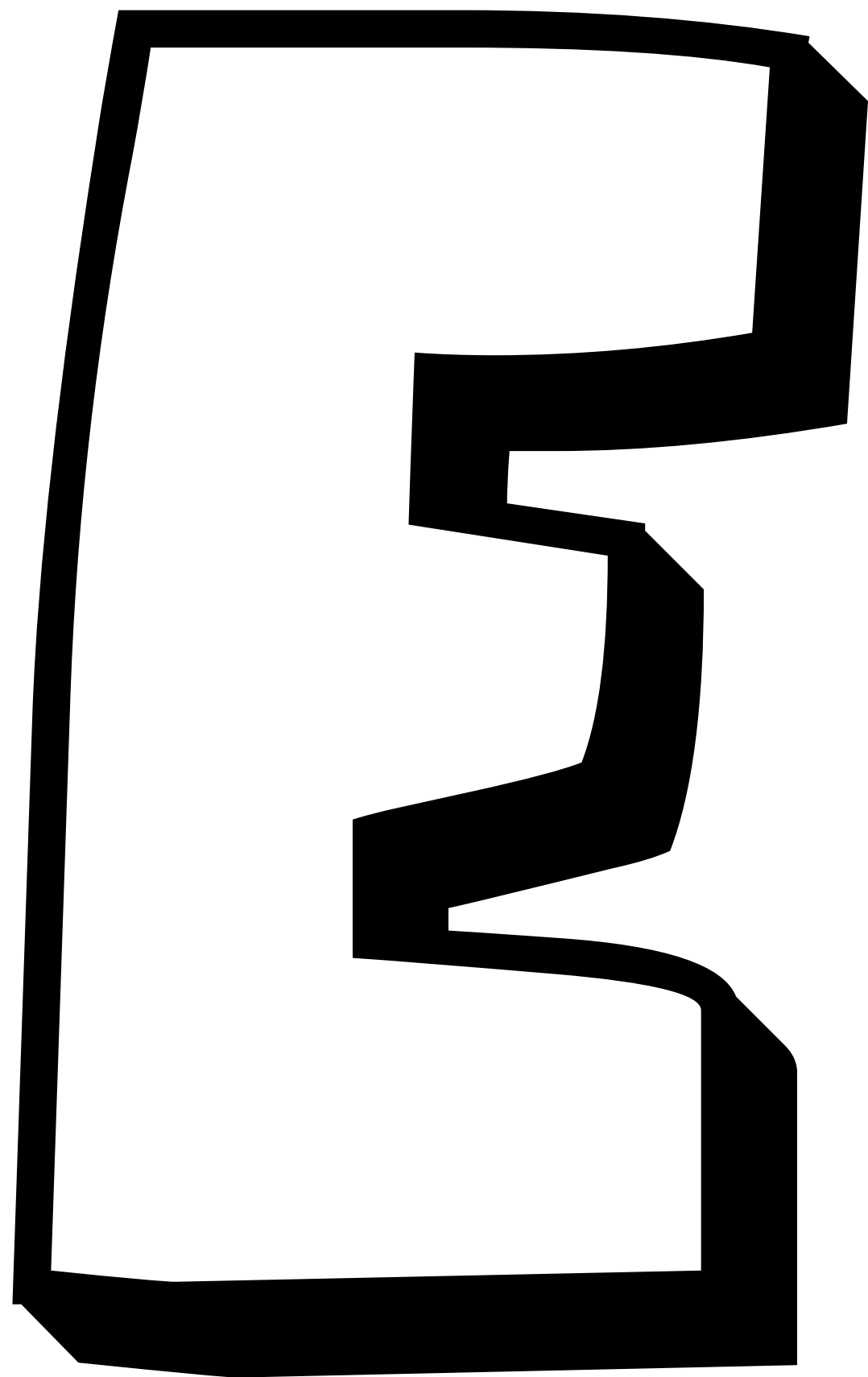


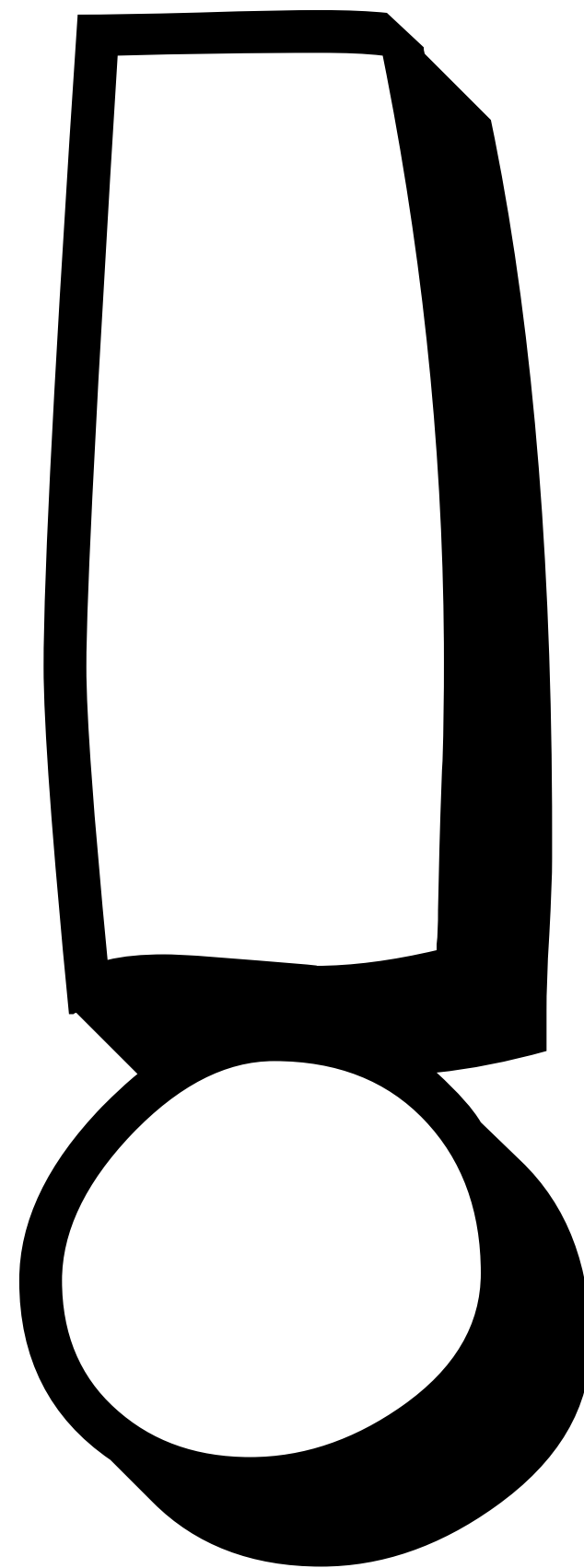
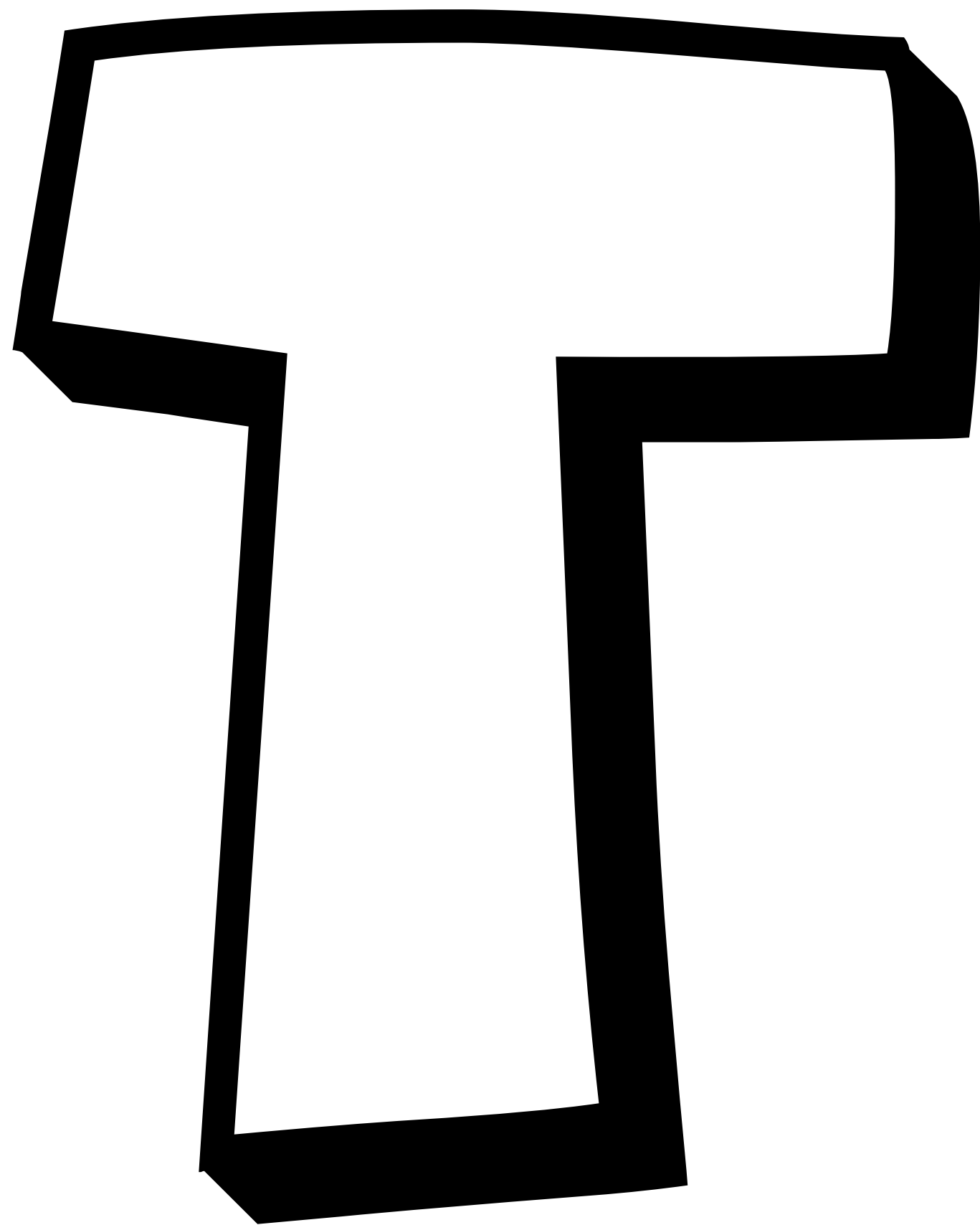
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God hears my prayers!



**Lesson: King Hezekiah confidently prays.
2 Kings 20:1-7**

***Jonah makes choices
about obedience.***

***...is for
obey!***



King Josiah learns from God's Word.



_____ learns from
God's Word!

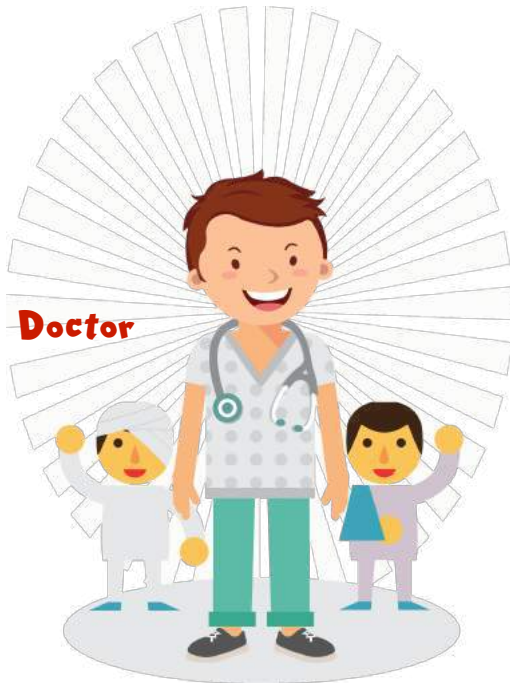
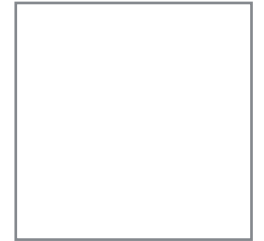
God has a plan for _____.



Coach



Teacher



Doctor



Pastor



Note: this page
when printed is
enough for three
children.

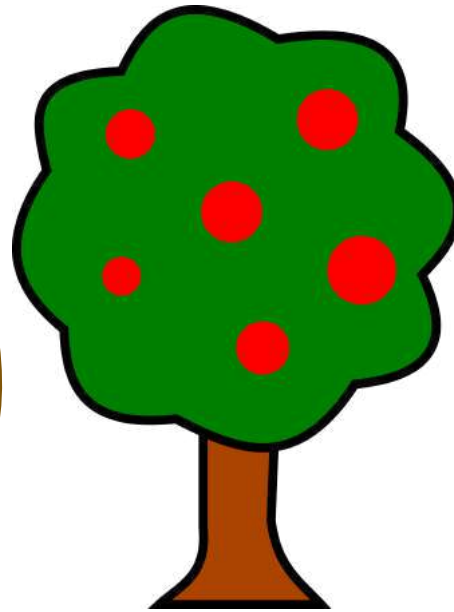
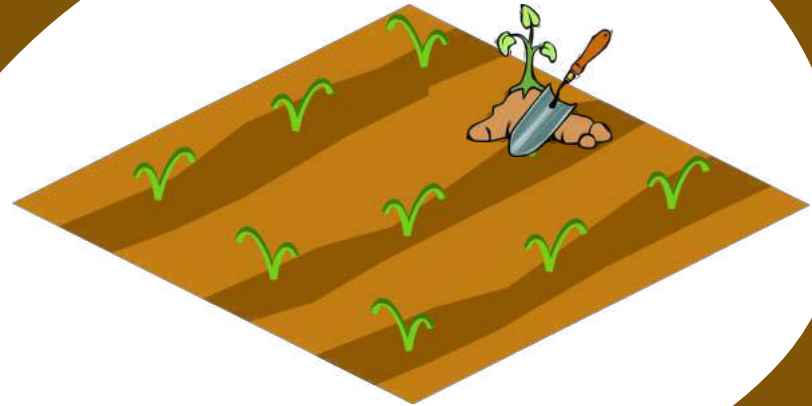


CHOOSES GOD'S WAY, JUST LIKE DANIEL!

Bible Lesson: Daniel 1:1-20



Daniel chose God's way
by eating healthy food
(vegetables and water),
rather than eating the
king's food.



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I Will Ask God For Wisdom.

(Bible Lesson: Daniel 2)

Wise choice



Unwise choice



Name: _____



CAN TRUST IN GOD'S POWER ...

JUST LIKE SHADRACH, MESHACH, AND ABEDNEGO

IN THE FIERY FURNACE.



"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight." Proverbs 3:5-6

I will trust God to protect me, just like Daniel.



Proverbs 3:5-6: Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight.

Bible Lesson: Daniel 6

Name: _____

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God gives me COURAGE, like ...



Jonah in the big fish
(Jonah 1:1-3:10)



Three friends in the fiery furnace
(Daniel 3)



Daniel in the lions' den
(Daniel 6)

Name: _____

KNOW RIGHT

Happy



Sad



Calm
(Peaceful)



Angry



Safe



Scared



Loved



Lonely



Excited



Embarrassed



FEEL RIGHT

How do you feel?

DISCOVERY LAND

THINK
RIGHT

DO
RIGHT



DISCOVERY LAND



DISCOVERY LAND



DISCOVERY LAND

EXAMPLE PARENT LETTER:

Dear parent/caregiver(s),

This week our students in preschool and elementary learned about Psalm 46, a comforting psalm that reminds us that **God is our refuge and help in times of trouble**. We learned about how our world has been broken by sin, so bad things will happen. In fact, Jesus even promised in John 16 that we will experience trouble. While we can't shield our children from all suffering, we can help shape the way they think about it and respond to it. When we are scared or confused, we can go to God, and He can bring us comfort and peace.

What did we learn from Psalm 46?

1. Even in sad, dangerous, or scary situations, God is our refuge and strength. (Psalm 46:1-3)
2. God brings peace and justice. (Psalm 46:4-6)
3. God has always been the same and is always with us. (Psalm 46:7)
4. God is exalted; this means He is victorious. (Psalm 46:8-10)
5. God promises to be with us. (Psalm 46:11)

How can you talk with your kids about tragedy and suffering?

1. **Acknowledge their emotions:** Be there for your child, listening to them and helping them understand and express their emotions.
2. **Remind them of Scripture:** We teach that God's Word is trustworthy. This is true during good times and bad times. Find Bible verses (you can start with Psalm 46) that remind us of God's love, sovereignty, and presence. Point them back to Scripture if what they're feeling is based on a misunderstanding of God's reality.
3. **Teach them how to trust God:** Model what it looks like to trust God. Spend time meditating on Proverbs 3:5-6, then find ways to worship God with your kids. You can find some of our favorite songs here:
 1. Preschool: <https://spoti.fi/3WkLiYm>
 2. K-2nd grade: <https://spoti.fi/3w7H9lX>
 3. 3rd-5th grade: <https://spoti.fi/3WqQGwk>
4. **Remind yourself of truth:** To help our kids be rooted in Christ, we must be rooted in Him, too. Prioritize spending time with God, in prayer and in His Word. When you feel overwhelmed with your current situation, reach out for help and seek comfort in Scripture.

We recommend that you keep this letter safely tucked away, so that you can refer to it if you ever need it in the future.

To close, we want to remind you of this promise from Psalm 46:11: **"The LORD Almighty is with us; the God of Jacob is our fortress."**

God is with you. He is your refuge and strength.

If you ever need support from our team, or if you have questions about how to navigate challenging topics with your kids, please reach out to us any time.

With you,

<your name / children's ministry team >

P.S. We've compiled this list of a few resources that may encourage and help you with this subject.

- Resources for helping your kids navigate hard things:
 - Kathy Koch - Teach Your Kids to be Resilient: <https://bibletolife.com/resources/articles/teach-your-kids-to-be-resilient/>
 - Focus on the Family - How to Help Your Kids Process Tragic News: <https://www.focusonthefamily.com/parenting/how-to-help-your-kids-process-tragic-news/>
 - Video from GriefShare on how to help children: <https://www.griefshare.org/children>
- Books for kids: *See attached list of resources.*
- Books for adults:
 - *When God Weeps* - Joni Erickson Tada
 - *Walking with God through Pain and Suffering* - Tim Keller
 - *No Tears in Heaven* - C.H. Spurgeon

RECOMMENDED

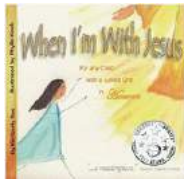
CHILDREN'S BOOKS ON

grief and loss

THAT ALIGN WITH SCRIPTURE AND GOD'S CHARACTER

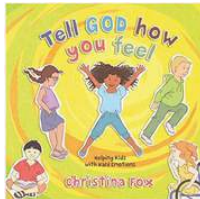
Books are available at major
retailers unless otherwise noted

When I'm with Jesus By Kimberly Rae



- Useful for when someone very close to a child dies, such as a parent or grandparent, who has trusted in Christ
- Could be helpful for any aged child
- Gentle and compassionate tone
- Incorporates many points of the Christian view of death
- Addresses a child's feelings of grief
- Takes some liberties when describing heaven
- Written in a way that it can be used for both older and younger children
- Includes a brief Gospel message at the end

Tell God How You Feel By Christina Fox



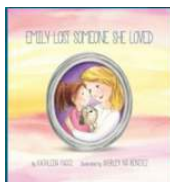
- Not specifically a book on grieving death
- Helpful explanation of emotions for parents
- Deals with the feelings of: fear (thunderstorm), sadness (friend moves away), hurt (rejection by a friend), loneliness (life after best friend moves away), and thankfulness (got a good grade)
- Includes discussion questions
- Incorporates a lot of Scripture and specifically models how to use Psalms to express our emotions to God
- Designed for families (models through story how parents use Scripture to walk their kids through their emotions)

God Gave Us Heaven By Lisa T. Bergren



- Best for younger children; animals are the main characters
- Focus is on heaven and what it's like
- Shares a very brief Gospel
- Clears up some misconceptions about heaven like people turn into angels
- Does not specifically address sadness or the grieving process

Emily Lost Someone She Loved By Kathleen Fucci Ministries



Available from kathleenfucciministries.org

- Story is based on a young girl losing her mom
- Addresses the very wide range of emotions and behaviors a child might experience when grieving, including asking "Where is God? Why has this happened?"
- Emphasizes that God knows how we feel because He gave up His Son to die
- Gives a sort of "catechism" to answer the question of "Where is God" with accompanying Scripture
- May be more geared towards younger children

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LAND GLOBAL



WGLD
Western Great Lakes District of the
Christian and Missionary Alliance

RECOMMENDED

CHILDREN'S BOOKS ON

grief and loss

THAT ALIGN WITH SCRIPTURE AND GOD'S CHARACTER

Quinn Says Goodbye

By Christie Thomas



- Best for younger children; animals are the main characters
- Incorporates themes of friendship, compassion, and loss
- Deals with loss of a friend but not specifically death
- Includes basic biblical theology of loss, "God doesn't always stop bad things from happening. But he does promise that he will always be with you, and he will never stop being your friend."
- Encourages talking to God about our sadness
- Includes some conversation starters and Scripture to use with kids

A Little Blue Bottle

By Jennifer Grant



- Deals specifically with death of a friend/neighbor
- Appropriate for elementary-aged children; a middle school child who is grieving might also pick it up and be comforted by it as well
- Addresses the sadness surrounding death in a very compassionate way
- Centered around God understanding our sorrow based on Psalm 56:8
- Includes "Best Practices for When a Child is Grieving"
- Nice illustrations that capture the mood of a family who is missing someone

Goodbye to Goodbyes

By Lauren Chandler



- Accompanying activity book also available
- Centered around the Biblical narrative of the death and resurrection of Lazarus
- Very true to the Biblical account
- Emphasizes how Jesus understands our sadness
- Gives the hope of heaven for those who know Jesus and how everything will be made right one day
- Could be used in numerous situations and just a good book to have on a well-known Bible story

The Moon is Always Round

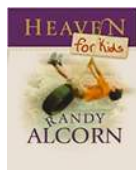
By Jonathan Gibson



- Tells the story of a young boy losing his stillborn baby sister
- Simple, but not simplistic
- Captures the experience from the perspective of a child
- Brings central message home with an image that is very memorable (the moon)
- Very gentle tone
- Focuses on the truth that even when bad things happen, God is still good
- There are two memory verses and more information about the story in the back as well as a discussion guide
- Engaging illustrations

Heaven for Kids

By Randy Alcorn



- Useful for helping to answer older children's questions about heaven

I can feel comforted
when I go to God.



"Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged,
for the Lord your God will be with you wherever you go." Joshua 1:9 (Top 12)

Name: _____

I can celebrate and worship God with my...

...eyes by seeing
everything He has
made and thanking
Him for it.



...ears by listening
to His Words from
the Bible.

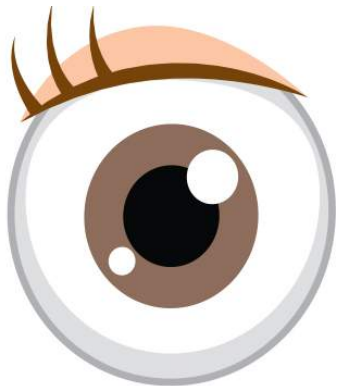
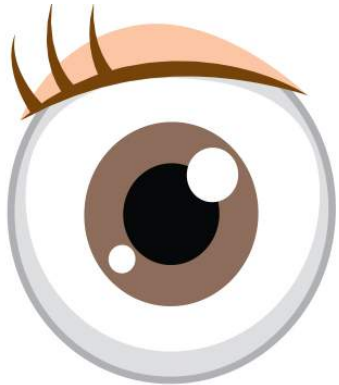


...mouth by
singing songs to
Him.

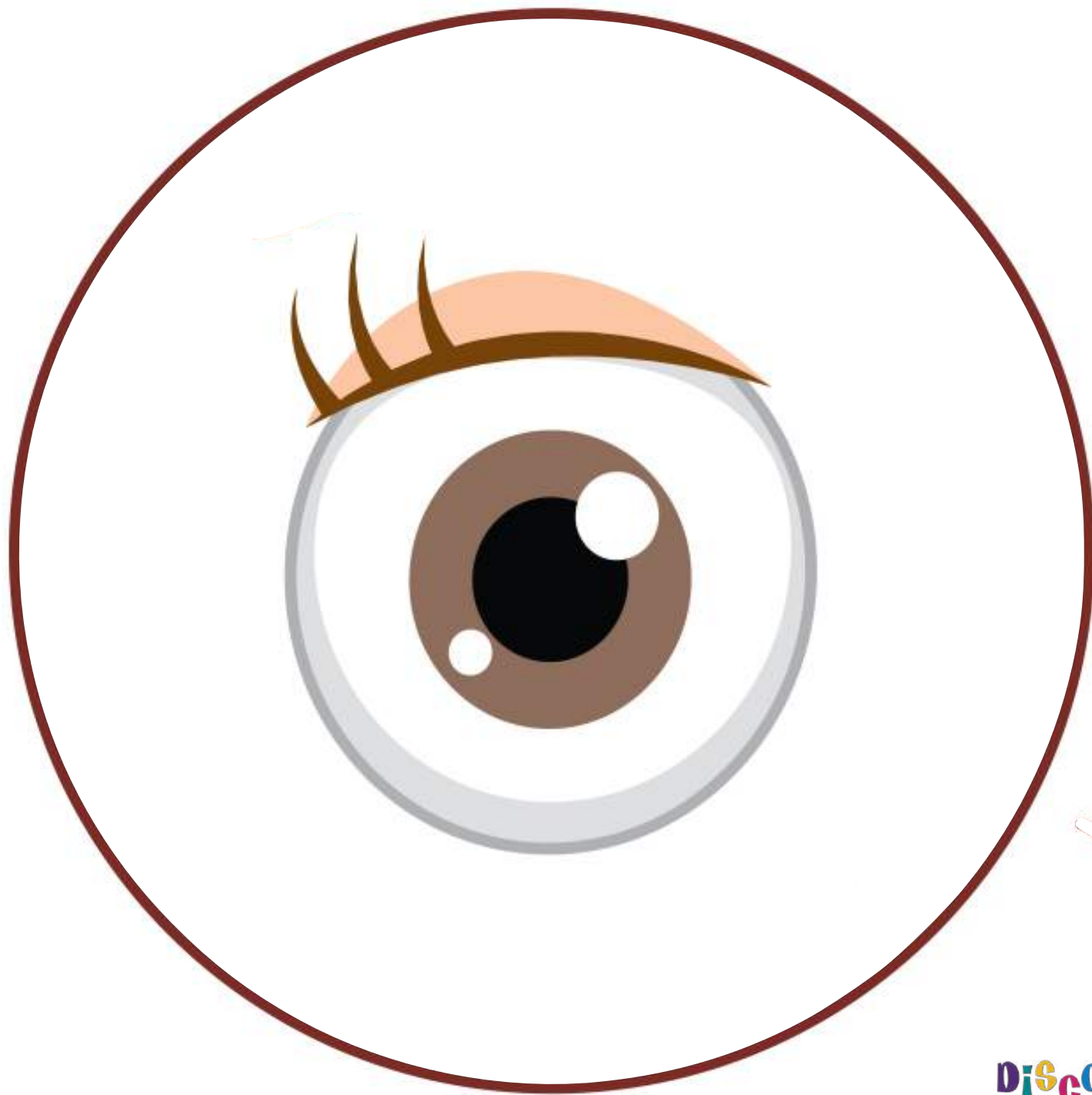


...hands when I
pray.

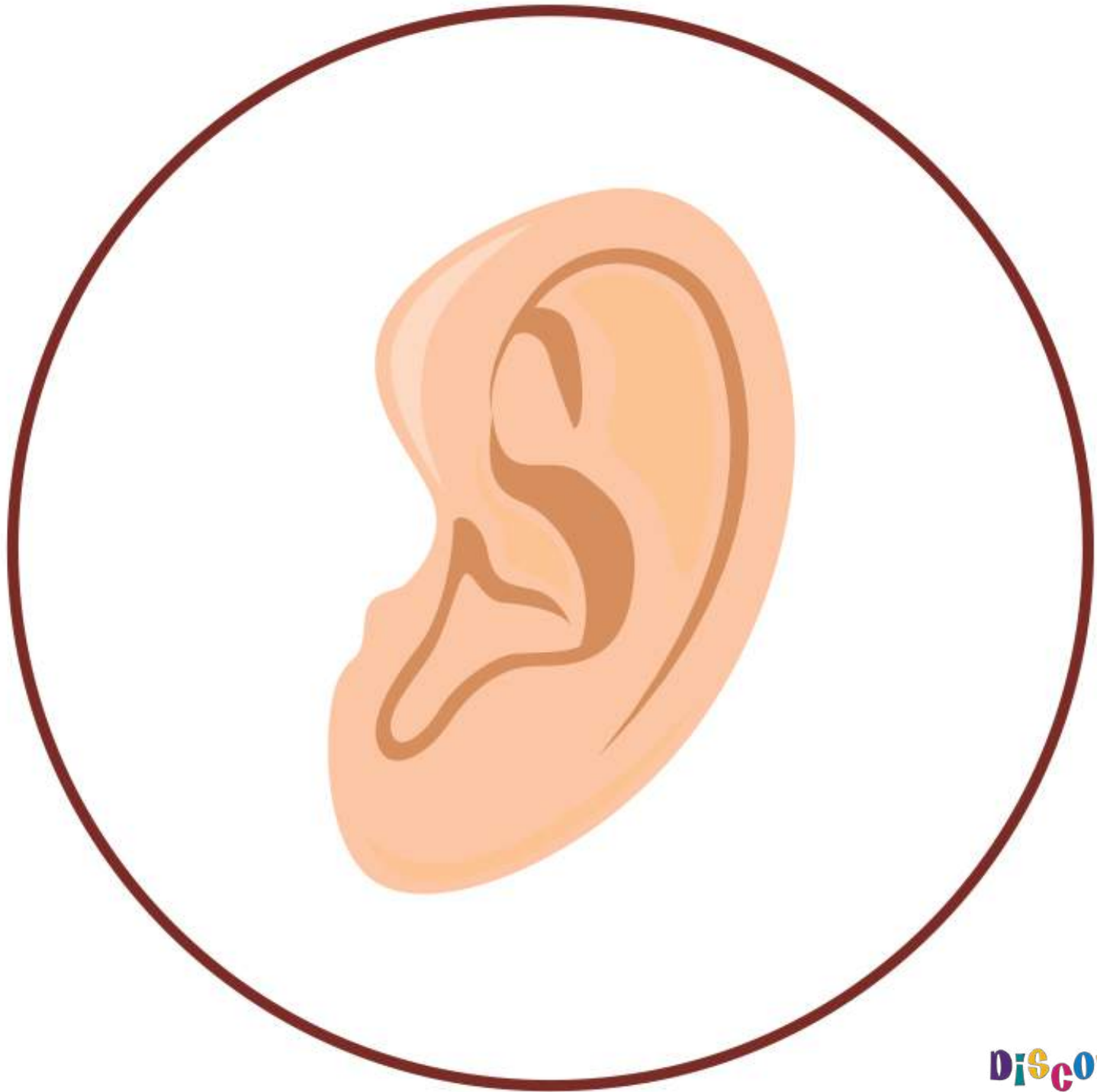














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In cooperation with



Awana Africa
90-3rd Street/CNR Chinamano,
Harare, Zimbabwe