

ONE WAY

Challenge Cards

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**Do 10
jumping jacks.**

**Toss a water
balloon into a
bucket.**

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**Hop through an
obstacle course.**

**Crawl through a
tunnel.**

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**Run in place for
30 seconds.**

**Say Proverbs
3:5-6 as a class:**

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight."